

Merciful like the Father

Jubilee path of Mercy at the Basilique du Sacré-Coeur de Montmartre

1st step

Just as I am, without fear, I present my life to the Father of mercies.

Chapel of Mary, refuge of sinners - the route toward Jericho: look at his wounds

“A man was once on his way down from Jerusalem to Jericho and fell into the hands of bandits; they stripped him, beat him and then made off, leaving him half dead.

Now a priest happened to be travelling down the same road, but when he saw the man, he passed by on the other side.

In the same way a Levite who came to the place saw him, and passed by on the other side.” (Luke 10:30-32)

At this first step of our journey, let us remain silent, let us look deep down into our heart and let us ask ourselves: in my life, what is it that resembles the disorder of Jericho? On which “slippery slope” have I allowed myself to be dragged down? What desire for conversion has the Lord placed on my heart?

“I direct this invitation to conversion even more fervently to those whose behaviour distances them from the grace of God.”

(Pope Francis, *Misericordiae Vultus*, 19)

Act of contrition

O my God, I am sorry for my sins because I have offended you. I know I should love you above all things. Help me to do penance, to do better, and to avoid anything that might lead me to sin. Amen.

Self-examination proposed by Pope Francis

“The Lord Jesus shows us the steps of the pilgrimage to attain our goal: “Judge not, and you will not be judged; condemn not, and you will not be condemned; forgive, and you will be forgiven; give, and it will be given to you; good measure, pressed down, shaken together, running over, will be put into your lap. For the measure you give will be the measure you get back” (Lk 6:37-38). The Lord asks us above all not to judge and not to condemn. If anyone wishes to avoid God’s judgement, he should not make himself the judge of his brother or sister. Human beings, whenever they judge, look no farther than the surface, whereas the Father looks into the very depths of the soul. How much harm words do when they are motivated by feelings of jealousy and envy! To speak ill of others puts them in a bad light, undermines their reputation and leaves them prey to the whims of gossip. To refrain from judgement and

condemnation means, in a positive sense, to know how to accept the good in every person and to spare him any suffering that might be caused by our partial judgment, our presumption to know everything about him. But this is still not sufficient to express mercy. Jesus asks us also to forgive and to give. To be instruments of mercy because it was we who first received mercy from God. To be generous with others, knowing that God showers his goodness upon us with immense generosity.”

(Pope Francis, *Misericordiae Vultus*, 14)

“Pardoning offences becomes the clearest expression of merciful love, and for us Christians it is an imperative from which we cannot excuse ourselves. At times how hard it seems to forgive! And yet pardon is the instrument placed into our fragile hands to attain serenity of heart. To let go of anger, wrath, violence, and revenge are necessary conditions to living joyfully. Let us therefore heed the Apostle’s exhortation: “Do not let the sun go down on your anger” (Eph 4:26). Above all, let us listen to the words of Jesus who made mercy an ideal of life and a criterion for the credibility of our faith: “Blessed are the merciful, for they shall obtain mercy” (Mt 5:7): the beatitude to which we should particularly aspire in this Holy Year.”

(Pope Francis, *Misericordiae Vultus*, 9)

“We cannot escape the Lord’s words to us, and they will serve as the criteria upon which we will be judged: whether we have fed the hungry and given drink to the thirsty, welcomed the stranger and clothed the naked, or spent time with the sick and those in prison (cf. Mt 25:31-45). Moreover, we will be asked if we have helped others to escape the doubt that causes them to fall into despair and which is often a source of loneliness; if we have helped to overcome the ignorance in which millions of people live, especially children deprived of the necessary means to free them from the bonds of poverty; if we have been close to the lonely and afflicted; if we have forgiven those who have offended us and have rejected all forms of anger and hate that lead to violence; if we have had the kind of patience God shows, who is so patient with us; and if we have commended our brothers and sisters to the Lord in prayer. In each of these “little ones,” Christ himself is present. His flesh becomes visible in the flesh of the tortured, the crushed, the scourged, the malnourished, and the exiled... to be acknowledged, touched, and cared for by us. Let us not forget the words of Saint John of the Cross: **“as we prepare to leave this life, we will be judged on the basis of love.”**”

(Pope Francis, *Misericordiae Vultus*, 15)

“I particularly have in mind men and women belonging to criminal organizations of any kind. For their own good, I beg them to change their lives. I ask them this in the name of the Son of God who, though rejecting sin, never rejected the sinner. Do not fall into the terrible trap of thinking that life depends on money and that, in comparison with money, anything else is devoid of value or dignity. This is nothing but an illusion! We cannot take money with us into the life beyond. Money does not bring us happiness. Violence inflicted for the sake of amassing riches soaked in blood makes one neither powerful nor immortal. Everyone, sooner or later, will be subject to God’s judgment, from which no one can escape.

The same invitation is extended to those who either perpetrate or participate in corruption. This festering wound is a grave sin that cries out to heaven for vengeance, because it threatens the very foundations of personal and social life. Corruption prevents us from looking to the future with hope, because its tyrannical greed shatters the plans of the weak and tramples upon the poorest of the poor. It is an evil that embeds itself into the actions of everyday life and spreads, causing great public scandal. Corruption is a sinful hardening of the heart that replaces God with the illusion that money is a form of power. It is a work of darkness, fed by suspicion and intrigue. *Corruptio optimi pessima*, saint Gregory the Great said with good reason, affirming that no one can think himself immune from this temptation. If we want to drive it out from personal and social life, we need prudence, vigilance, loyalty, transparency, together with the courage to denounce any wrongdoing. If it is not combated openly, sooner or later everyone will become an accomplice to it, and it will end up destroying our very existence.

This is the opportune moment to change our lives!”

(Pope Francis, *Misericordiae Vultus*, 19)